



## PRESCHOOL CLASS INFORMATION

**The preschool classroom is designed to enhance social interaction through play. Children are provided with teacher directed activities as well as free choice play time. Key skills to academic success include learning to cooperate with others and to follow directions.**

There are various kinds of play that are essential to the development of children: Sensory experiences, coloring and manipulative to strengthen fine motor muscles and large motor play to support coordination and large muscles strength, imaginative and creative play. Play is always an active learning process.

- Sensory Play lets a child discover their world and store that information
- Fine and gross motor play develops coordination of small and large muscle usage. Fine motor control is essential for a child to develop handwriting and cutting skills
- Imaginative Play lets a child feel in control of the uncontrollable aspects of their world. This helps develop abstract thinking skills.
- Creative Play provides expression of internal ideas onto an external surface. Symbolism of the world through art and stories gives children the foundation to understand reading and writing.

Curriculum activities are designed to provide the concepts necessary to academic development. We encourage participation with concrete, hands-on activities. Science and math activities are interactive, social skill, manner and learning to cooperate are part of the daily routine.

Our school is dedicated to a multicultural understanding and appreciation of the world. We provide dance and language skills instruction from other cultures. We introduce foods and crafts as well. The acceptance of difference makes understanding each other easier.



## PRESCHOOL SCHEDULE

|             |                |
|-------------|----------------|
| 6:30-7:30   | Arrival        |
| 7:30-8:00   | Breakfast      |
| 8:00-9:30   | Area Play      |
| 9:30-9:45   | Snack          |
| 9:45-10:15  | Academics      |
| 10:15-10:45 | Outdoor        |
| 10:45-11:15 | Circle Time    |
| 11:15-12:00 | Lunch          |
| 12:00-2:30  | Nap/Quiet Time |
| 2:30-2:45   | Snack          |
| 2:45-3:00   | Book Reading   |
| 3:00-3:30   | Science        |
| 3:30-4:00   | Outdoor        |
| 4:00-5:00   | Area Play      |
| 5:00-5:30   | Book Reading   |
| 5:30-6:00   | Departure      |

### Academics Include:

Math, Alphabet, Numbers, Matching, Sequencing, Sorting

### Area Play Includes:

Block area, Book area, Manipulative Art and Sensory Area, Music, Dramatic Play, Puzzles, and Science

## SAMPLE MENU

|           | MONDAY   | TUESDAY   | WEDNESDAY                                  | THURSDAY  | FRIDAY                                  |
|-----------|--|---|--|---|---|
| BREAKFAST | Blueberry Muffin, Milk, Apples                   | Toast and Jam, Milk, Oranges                    | Cheerios, Milk, Bananas                    | Blueberry Scone, Milk, Oranges                      | Croissant, Milk, Bananas                |
| AM SNACKS | Pretzels, Oranges, Water                         | Bran Muffin, Milk                               | Fish Crackers, Apples, Water               | Saltine Crackers, Peanut Butter, Water              | Animal Crackers, Milk                   |
| LUNCH     | Turkey Sandwich, Carrots, Apples, Cucumber, Milk | Chicken Soup, Corn, Carrots, Peas, Orange, Milk | Beef, Onion & Potato Samosas, Apples, Milk | Cheese Bagel, Mushroom Pizza, Grapes, Oranges, Milk | Chicken, Peas, Corn, Rice, Banana, Milk |
| PM SNACKS | Croissant, Apples, Water                         | Wheat Thins, Bananas, Water                     | Scone, Milk                                | Celery, Peanut Butter, Water                        | Butter Cookies, Milk                    |
| PM SNACKS | Bagels, Peanut Butter, Water                     | Apples, Crackers, Water                         | Chex Mix, Oranges, Water                   | Chocolate Cookies, Milk                             | Yogurt, Crackers, Water                 |